



Responsibility

Hello Parents and Guardians,
Welcome to Unit 5 of our Kindness in the Classroom curriculum. For the next 6 weeks we will be learning all about RESPONSIBILITY. We will dedicate 30 minutes once a week for our main lesson, with a few 15 minute mini lessons sprinkled throughout our week to help your child go deeper with the concept. We will end the unit with a project that we will all work on together.

Since this topic is already known by many of our students this year, we will be diving deeper as we explore the following topics:

GOALS FOR THIS UNIT

- ✓ Build skills of self-discipline
- ✓ Explain the connection between rights and responsibility
- ✓ Use responsible words and actions in social settings
- ✓ Evaluate responsibilities in online spaces and with technology devices

TOPIC	QUESTIONS WE'LL BE EXPLORING	HOW YOU CAN HELP
Responsibility and Self-Discipline	<ul style="list-style-type: none"> • How can we make good, responsible decisions, even when it's hard? • What does it mean to have self-discipline? 	If your student doesn't have any chores or at-home obligations yet, now is the time to start! Talk about how everyone in a family has different responsibilities, and even if we don't feel like fulfilling them, we must be self-disciplined to do so. It's how family - and society! - function in a healthy way.
Rights vs. Responsibilities	<ul style="list-style-type: none"> • What is the difference between a right and a responsibility? • What rights and responsibilities do 6th graders have at school? At home? • And what does it mean when we fail to fulfill our rights and responsibilities? 	Our responsibilities increase as we get older. As your student grows and progresses through school and in your community, give them more responsibilities and talk with them about their rights. Remind them that in order to enjoy the rights we have as a free people, we must also take our responsibilities seriously - even at young ages!
Social and Digital Responsibility	<ul style="list-style-type: none"> • What does it mean to use responsible actions and words? • How can we be responsible contributors to society and responsible consumers of digital tools and information? 	Your student will evaluate different responsibilities in online spaces and with technology devices, as well as explore their growing social responsibilities and how to communicate in healthy, responsible ways. As your student's social circle broadens, having the skills to navigate situations and communicate with assertiveness will help them make more responsible.

TRY THIS AT HOME!

Pick (or establish) one responsibility for each family member to complete this week. Create a chart to track progress and hang the chart in a prominent place - maybe the refrigerator or by a door that everyone uses. Set a goal for when each responsibility will be completed and track progress. Encourage each other if a responsibility is going unmet, and have a family meeting on Sunday to discuss how it felt to complete the tasks of the week. Likely it will feel good knowing everyone was responsible that week and worked together to complete a collective goal!

We will continue our Kindness in the Classroom curriculum throughout the year. Please join us on this journey using this handout and the at home activity as a way to connect with your child regarding our unit concept. Feel free to contact me with any questions or comments as we move forward.

Sincerely,