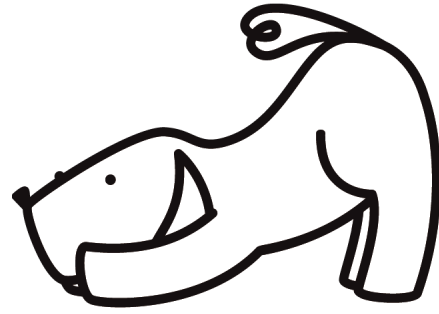


Respect



Sub-Concepts Covered: Self-Care, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

Welcome to the new school year! This is our first unit out of six that we will cover this year. There are four lessons and two projects in every unit. The focus of this Respect Unit is on students learning how to respect themselves, others, and their community. Lessons will allow students to explore self care, respectful communication, and problem solving.

Unit Objective

Students will:

- Learn how to show respect to others both in the classroom and at home.
- Demonstrate how to use respectful communication with others.
- Work respectfully during both independent and work related activities.

Student Introduction

Welcome to our new school year! We are going to take these first few weeks to explore the concept of Respect. This means we think about how our words and actions affect our friends, our families, and anyone else we meet up with in our day. It's so important to treat others with kindness and respect, even when we might not agree with what they are saying or doing. To help us learn how to do this, we are going to explore these areas:

- Respecting ourselves, others, and our community!
- Using respectful words in our conversations!
- Practicing kind ways to problem solve during difficult times!

Let's dive deeper and explore Respect!

Note- the RAK interactive notebooks are an optional, 3rd grade specific activity that is presented as a project here under Respect. However, if you decide to do this activity, the notebooks can be used as a natural reflection/independent journaling activity after every lesson throughout the entire year. Look under the

extension heading for specific instructions within every lesson on how to incorporate these fun notebooks! Activities under this heading are varied to include writing, poetry, crafts, art, and graphic organizing. This allows each student to have a comprehensive notebook illustrating their kindness journey from start to finish!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 Respect Fortune Tellers	<ul style="list-style-type: none"> Identify the three levels of respect exercised each day at school. Demonstrate concrete methods for practicing Self Respect, Respect for Others, and Respect within the School 	<ul style="list-style-type: none"> <input type="checkbox"/> Paper <input type="checkbox"/> Scissors <input type="checkbox"/> Pencils
Lesson 2 Treat Myself with Kindness	<ul style="list-style-type: none"> Explain how self-care demonstrates respect for oneself. Identify ways they can treat themselves with kindness and respect. 	<ul style="list-style-type: none"> <input type="checkbox"/> Cardboard or Cardstock for each student <input type="checkbox"/> Magazines or printed images <input type="checkbox"/> Glue sticks <input type="checkbox"/> Scissors <input type="checkbox"/> Basic Art Supplies
Lesson 3 Time Out!	<ul style="list-style-type: none"> Develop interpersonal skills used in conflict resolution and teamwork. Persevere by expending additional effort and seeking help from others. (SEL goal under self-management) Recognize that listening is an important part of resolving conflict. 	<ul style="list-style-type: none"> <input type="checkbox"/> Internet Access for video: http://www.values.com/inspirational-stories-tv-spots/121-timeout <input type="checkbox"/> Large Screen to view video clip
Lesson 4 Building a Respectful Community	<ul style="list-style-type: none"> Examine their community for opportunities to show respect throughout their day to day lives. Explain how to show respect in a variety of contexts within their local community. 	<ul style="list-style-type: none"> <input type="checkbox"/> <i>"What if Everybody Did That?"</i> by Ellen Javernick <input type="checkbox"/> Legos (Can use clay as an alternative) <input type="checkbox"/> Cups or Bowls

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Interactive RAK Notebook	Students will create their own RAK interactive notebook for use during the entire school year. This project will focus on designing the cover and building the table of contents and tabs needed for the remainder of the year.	<ul style="list-style-type: none"> <input type="checkbox"/> Composition Notebook (standard notebooks work as well) <input type="checkbox"/> basic art supplies <input type="checkbox"/> construction paper <input type="checkbox"/> glue <input type="checkbox"/> tabs (can use masking tape to make tabs if needed)
Project 2 What Does Respect Look Like?	The class will create a bulletin board illustrating what respect looks like (through both illustrations and words) to each of them. Passersby are also invited to add their own interpretation.	<ul style="list-style-type: none"> <input type="checkbox"/> Basic Bulletin Board supplies <input type="checkbox"/> 1 box of tacks <input type="checkbox"/> index cards <input type="checkbox"/> a pocket (can be made with construction paper) <input type="checkbox"/> 2 markers or pens for writing/drawing

